



# Circle of Control

Twitch has trouble with control. It is hard for him to see what he can and can't control. Can you help Twitch by listing things YOU can and can't control. Write what you CAN control inside the circle. Write what you CAN'T control outside of the circle.

Things I **CAN** control....

Example: How I treat my friends

Things I **CAN'T** control....

Example: The wind and the rain.