



# Developing Social & Emotional Intelligence A Cross-Curricular Program for Schools

## WorryWoos Brief Teacher Measure

(Pre-Test Measure)

Please consider the competence and comfort your student has with the following social emotional skills and please answer as honestly as you can. Please circle which number on the Likert scale most closely pertains to each individual student:

My Student \_\_\_\_\_ (Student's Research Identification #):

1.) Shows a healthy sense of self

1= None of the time    2= A little of the time    3= Most of the time    4= All of the time

2.) Shows a positive attitude toward him or herself

1= None of the time    2= A little of the time    3= Most of the time    4= All of the time

3.) Shows feelings of being a failure

1= None of the time    2= A little of the time    3= Most of the time    4= All of the time

4.) Shows an ability to manage his/her emotions

1= None of the time    2= A little of the time    3= Most of the time    4= All of the time

5.) Shows difficulty controlling his/her emotions

1= None of the time    2= A little of the time    3= Most of the time    4= All of the time

6.) Shows an awareness of his/her emotions

1= None of the time    2= A little of the time    3= Most of the time    4= All of the time

7.) Shows empathy towards his/her peers

1= None of the time    2= A little of the time    3= Most of the time    4= All of the time

8.) Shows an inability to understand the feelings of his/her peers

1= None of the time    2= A little of the time    3= Most of the time    4= All of the time

9.) Shows an ability to identify the basic emotions (Happiness, Sadness, Surprise, Anger, Disgust)

1= None of the time    2= A little of the time    3= Most of the time    4= All of the Time

10.) Shows an ability to identify complex emotions (Envy, Frustration, Loneliness, Insecurity)

1= None of the time    2= A little of the time    3= Most of the time    4= All of the time



# Developing Social & Emotional Intelligence A Cross-Curricular Program for Schools

## WorryWoos Brief Teacher Measure

(Post-Test Measure)

Please consider the competence and comfort your student has with the following social emotional skills and please answer as honestly as you can. Some of your answers may be the same and some of your answers may have changed after completing the WorryWoos Intervention. Please circle which number on the Likert scale most closely pertains to each individual student:

My student \_\_\_\_\_ (Student's Research Identification #):

1.) Shows a healthy sense of self

1= None of the time    2= A little of the time    3= Most of the time    4= All of the time

2.) Shows a positive attitude toward him or herself

1= None of the time    2= A little of the time    3= Most of the time    4= All of the time

3.) Shows feelings of being a failure

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4.) Shows an ability to manage his/her emotions

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8.) Shows an inability to understand the feelings of his/her peers

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9.) Shows an ability to identify the basic emotions (Happiness, Sadness, Surprise, Anger, Disgust)

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10.) Shows an ability to identify complex emotions (Envy, Frustration, Loneliness, Insecurity)

1= None of the time    2= A little of the time    3= Most of the time    4= All of the time