



Developing Social & Emotional Intelligence **A Cross-Curricular Program for Schools**

Social Emotional Learning is one of the most important programs a school can add to their curriculum. The WorryWoo Developing Emotional Intelligence (WWDEI) Program is focused on integrating social and emotional learning (SEL) into all facets of the Arts curricula in order to develop the following objectives:

- Building empathy
- Creating positive emotional understanding
- Improving emotional intelligence
- Developing a healthy social environment for the students

Author Visit and Anxiety Workshop - 1 hr

WorryWoo Creator Andi Green will read one of her WorryWoo storybooks as well as discuss how she started creating the WorryWoos. Green's visit will include

- Reading of a WorryWoo Book
- Q/A with the students
- Draw a WorryWoo with the students

After Green's talk, a WorryWoo teaching artist will run a 20 minute anxiety workshop using breathing and mindfulness techniques to help students learn the importance of letting their worries go.

Cost: \$750 without sale of WorryWoo Books

Cost: \$500 with sale of WorryWoo Books (an order form will be supplied one month in advance of the visit.)

WorryWoo Musical - 55min

Get your students to embrace their emotions through music and dance with the amazing WorryWoo Musical.

Appearance includes

- Introductory warm up with the students
- 35 min musical
- Student participation during the show including breathing techniques and dancing
- An introduction to each WorryWoo character and emotion

Cost: \$1500 without sale of WorryWoo Books

Cost: \$1250 with sale of WorryWoo Books (an order form will be supplied one month in advance of the visit.)

WorryWoo Developing Emotional Intelligence Program and Classroom Demo

The WorryWoo DEI curriculum is a first-of-a-kind program that teaches emotional intelligence in the general classroom as well as in the art, music and performing arts classrooms. Teaching students emotional intelligence throughout their day gives them the opportunity to explore various ways they can identify, understand and cope with difficult emotions.

- 1 Ultimate Kit (9 Books, 8 Plush Dolls, Lesson plans and more)
- 1 Developing Emotional Intelligence Curriculum Book
- 1 Classroom Demonstration by a WorryWoo Teaching Artist

(Quotes for multiple classrooms available on request.)

Cost: \$800



WorryWoo Curriculum & Supporting Material

- Curriculum Book “The WorryWoo Developing Social & Emotional Intelligence Cross-Curricular Program”
- Demonstration Videos (Free on-line access with purchase of WWDEI Curriculum book)
- Music (Free on-line access with purchase of WWDEI Curriculum book)
- Test Material (Free on-line access with purchase of WWDEI Curriculum book)

The WorryWoo Ultimate Teachers Kit



Squeek & The Monster In The Bubble

Rue & The Nose That Didn't Fit

Nola & The Lonely Little Monster

Wince & Don't Feed The WorryBug

Fuddle & The Monster Who Couldn't Decide

Twitch & The Very Frustrated Monster

Zelly & The Monster Who Wanted It All

Program Resources:

- The WorryWoo Developing Emotional Intelligence Program Book
- A New Woo Lives With You - An Introduction to The WorryWoos!
- Woos in the Classroom - Literacy Lesson Plans
- Social Emotional Learning with the Woos: SEL lesson plans for counselors & teachers.
- Classroom 7pc Poster Pack
- WorryWoo Carry Tote Bag



Additional Materials:

- Helping Young Worriers Beat The WorryBug
- Helping Young Children Manage Frustration and Anger



Teacher Professional Development Workshops - 3-6 hours /1-3 day - On-site or Satellite

WorryWoo Developing Emotional Intelligence 101

From modeling lessons to creating Shaker Jars and Coping Corners, this Professional Development session offers an in-depth look at the WorryWoo curriculum. Instructors will offer ways to integrate the lesson plans into any classroom and spend time discussing the various ways teachers can work together to create a successful program.

Anxiety Workshop for Teachers

This workshop provides stress busting techniques for teachers in both professional and personal settings. Teachers will learn how to manage anxiety by using some of the ideas from Helping Young Worriers Beat the Worry Bug and Don't Feed The Worry Bug. Through learning how to manage adult anxiety teachers will have the tools to apply these techniques in the classroom.

Setting up for Success using Frustration Busters in The Classroom

This workshop targets how to diffuse frustration and anger in students. Teachers will learn various coping strategies and activities to help students work through potentially volatile emotions. Using concepts from the book Helping Young Children Manage Frustration & Anger and The Very Frustrated Monster, teachers will develop new ideas and ways to create a calm and successful class environment.

Mindfulness V. Mind-Full-ness for Teachers

This workshop offers an in depth look at how to work through difficult thoughts using meditation, insight, and mindfulness exercises to calm the mind. Teachers will learn strategies that can also be used in a classroom setting.

WorryWoo Residencies

Have one of the WorryWoo teaching artists teach the full WorryWoo curriculum to your school. Once a week for 10 weeks one of our WorryWoo teachers will visit each classroom and teach the WorryWoo Emotional Intelligence curriculum. Lots of reading, monsters, drawing, breathing and worry free fun guaranteed!

Quote available upon request for all teacher workshops.

